



# Optimising Seed Quality of Tomato with Naphthyl Acetic Acid (NAA) Foliar Spray and Training System

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## Authors' contributions

This work was carried out in collaboration among all authors. All authors read and approved the final manuscript.

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## ABSTRACT

The present study was conducted in the Department of Seed Science and Technology at Dr Yashwant Singh Parmar University of Horticulture and Forestry, Solan, Himachal Pradesh, during the summer of 2024. The research aimed to examine the effects of NAA as a foliar spray (at concentrations of 0, 25, 50, and 75 ppm) and various training systems (two-stem, four-stem, and no training) on the seed quality attributes of indeterminate tomato cv. *Solan Lalima*. Foliar sprays were

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applied at 30 days after transplanting and at 50% flowering. Tomato fruits were harvested upon reaching red ripeness, and seeds were extracted through fermentation methods. Seed quality parameters were assessed under laboratory and observations were noted. The experimental results indicate that spraying tomato plants with 50ppm NAA along with retention of two-stem yielded seeds of superior quality viz., increased 1000-seed weight (3.52g), longer seedlings (18.70), greater seedling dry weight (21.10 mg), improved seed vigour indices (SVI-I:1655.60 & SVI-I-1867.50), accelerated germination (23.31), along with reduced EC values of seed leachates (4.36). Also, this treatment combination improved the germination of seeds by 22% and 23.5% both before and after accelerated ageing, Therefore, the implementation of a two-stem training strategy combined with NAA @50 ppm spray can be recommended for commercial tomato seed production programs.

**Keywords:** *Naphthyl Acetic Acid (NAA); foliar spray; stem-training; indeterminate tomato; seed quality; source/sink relationship.*

## 1. INTRODUCTION

Tomato, (*Solanum lycopersicum* L.) with chromosome number  $2n = 2x = 24$  belongs to the Solanaceae family. With its origin in South American Andes, tomato is one of the most cultivated and relished fruit vegetable worldwide. Beyond its culinary variability, tomato plays a vital role in human nutrition serving as a rich source of antioxidants such as lycopene, vitamins A, B, and C, calcium, minerals, and  $\beta$ -carotene (Bose and Som, 1990; Ali et al., 2020). In India, tomato is cultivated across tropical, subtropical and mild cold climate regions and in 2021-22, approx. 865.29 million hectares of area were under tomato cultivation with an estimated production of 20300.19 tons (Anamika et al., 2024). In the mid hills of Himachal Pradesh, tomato is considered as a lucrative and remunerative crop and is cultivated extensively to ensure off-season availability of produce. High seed quality, particularly regarding viability and vigour, is crucial for vegetable seedling development in nurseries and successful plant establishment in the field (Doijode, 1988). This necessitates the need of high-quality seeds of improved tomato varieties.

Studies indicates that growth promoting phytohormones can effectively regulate vegetative and reproductive growth, overcome the problems of pollination and fertilization and are considered as an important signalling molecule in seed development, thereby improving seed yield and quality attributes as well. Plants synthesize growth regulators by themselves; however, many researchers support the usefulness of exogenous applications of synthetic plant growth regulators as well (Hasnain et al., 2020). Extensive application of plant growth regulators (PGRs) has gained

traction globally for achieving superior production in agriculture in the 21<sup>st</sup> century (de Andrade et al., 2023). However, efficacy of PGRs depends on crop, variety, type of hormone & its concentration, stage of administration and intensity of application. Auxin is one such crucial phytohormone that regulates almost every aspect of plant growth and development (Enders and Strader, 2015; Paque and Weijers, 2016). The natural auxin i.e. Indole-3-acetic acid (IAA) is known to degrade quickly, limiting its applicability (Small and Degenhardt, 2018), whereas, synthetic auxins like  $\alpha$ -Naphthalene acetic acid (NAA), Indole-3-butyric acid (IBA) are resistant to oxidation in plant tissue. Naphthyl acetic acid help in the upward transport of nutrients and enhance the levels of proteins, carbohydrates, sugar and antioxidant enzymes in plants. At appropriate concentrations, foliar application of NAA effectively modulates plant physiology, upgrades the potential of plants, and acts as a growth controller to increase crop production (Ma et al., 2018; Khan et al., 2019; Mir et al., 2020).

Indeterminate tomato sequentially put forth numerous side shoots/suckers with continued flower and fruit formation. Retention of all sucker in an indeterminate cultivar leads to competition for vital resources, negatively impacting the yield and quality. Modification of plant architecture by altering the relative growth and positioning of vegetative and reproductive organs in the canopy is known as stem-training. Stem-training improves light interception, air flow, and nutrient distribution, improving plant's overall health and productivity. Franco et al. (2009) stated that adoption of proper training and pruning techniques creates balance in the source/sink relationship and the carbon/nitrogen (C/N) ratio thereby effectively optimising the performance of

indeterminate tomato varieties. Studies on foliar application of NAA combined with stem-training systems is very scarce. Hence, the present investigation attempts to determine the impact of foliar application of NAA in combination with training systems on the seed quality attributes of tomato.

## 2. MATERIALS AND METHODS

The field experiment was conducted during the summer season in the year 2024 at the experimental farm of the Department of Seed Science and Technology, Dr. Y S Parmar University of Horticulture and Forestry, Nauni, Solan, Himachal Pradesh in tomato cv. *Solan Lalima*. The seeds were sown in nursery beds in lines about 5 cm apart and 1-2 cm deep on the second fortnight of February and transplanted at 4-5 leafy stage. The experimental plot size was 2.2 m x 1.2 m with 90 cm x 30 cm accommodating 12 plants per plot. The recommended dose of N, P<sub>2</sub>O<sub>5</sub> and K<sub>2</sub>O nutrients were added in the form of Urea, SSP and MOP @ 218, 475 and 90 kg ha<sup>-1</sup>, respectively.

The experiment was laid out in Randomised Complete Block Design (RCBD) with 12 treatments and three replications. The treatment details are as follows in Table 1.

### 2.1 Application of Treatments

The foliar application of NAA was made twice: first schedule at 30 days after transplanting (DAT) and 2<sup>nd</sup> spray was at 50% flowering (i.e. when 50% of the plants in the plot showed flowering). A volume of 200 mL NAA solution was required/plot to thoroughly wet the aerial parts of the plants. NAA was applied with the help of knapsack sprayer and precautions were taken to

avoid the mixing of sprays from one treatment combination to another. Preparation of stock solution of Naphthalene acetic acid (NAA): 1 g of NAA was carefully measured and first dissolved with ethanol, then added distilled water to the beaker until the total volume reaches 1 litre to make it 1000 ppm. To prepare a working solution from the stock solution, the dilution formula  $C_1V_1=C_2V_2$  used, where:  $C_1$  = concentration of the stock solution,  $V_1$  = volume of the stock solution to be taken,  $C_2$  = desired concentration of the working solution, and  $V_2$  = final volume of the working solution.

### 2.2 Training Systems

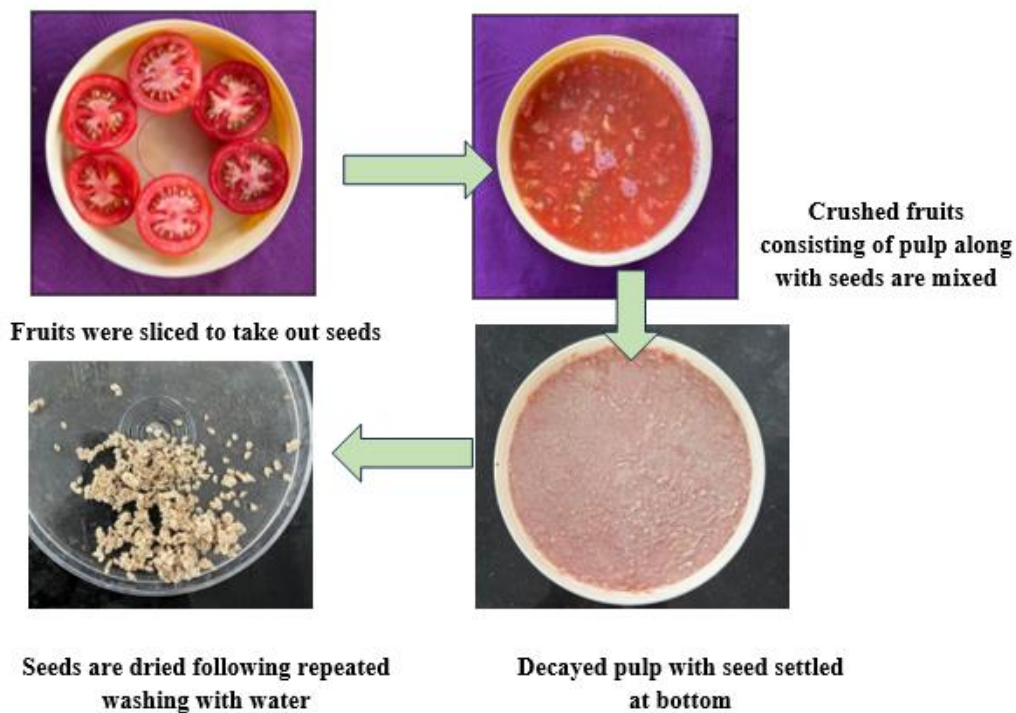
- a) **Two-stem training:** Here, first two stems (or branches) that appear on the plant after its established, is retained. These two stems are then trained to grow upward, and the rest of the side shoots or branches are removed to maintain only these two primary stems to bear fruits for seed production. As the two primary stems grow, they are tied to a support structure using plastic wire to keep them upright.
- b) **Four-stem training:** first four branches (or stems) that appear on the plant are selected to grow and bear fruit for seed production. All other side shoots or branches that emerge from the plant are pruned or removed regularly. The four primary branches are supported and trained to grow upright, by tying them to a support structure using plastic wires.
- c) **No training:** in this case, no physical intervention is made to control the number of stems or branches, or to direct the plant's growth. The plant is allowed to grow naturally, following its inherent growth patterns without any training.

Table 1. Treatment details

Treatment No.	Details of treatment
T <sub>1</sub>	Foliar spray of NAA-25 ppm with Two-stem training system
T <sub>2</sub>	Foliar spray of NAA-25ppm with Four-stem training system
T <sub>3</sub>	Foliar spray of NAA -25 ppm with No training
T <sub>4</sub>	Foliar spray of NAA-50 ppm with Two-stem training system
T <sub>5</sub>	Foliar spray of NAA-50 ppm with Four-stem training system
T <sub>6</sub>	Foliar spray of NAA-50 ppm with No training
T <sub>7</sub>	Foliar spray of NAA-75 ppm with Two-stem training system
T <sub>8</sub>	Foliar spray of NAA-75 ppm with Four-stem training system
T <sub>9</sub>	Foliar spray of NAA-75 ppm with No training
T <sub>10</sub>	No spray with Two-stem training system
T <sub>11</sub>	No spray with Four-stem training system
T <sub>12</sub>	No spray with No training



**Fig. 1. Different training strategy adopted in the study (a) Two-stem training (b) Four-stem training and (c) No-stem training**



**Fig. 2. Schematic representation of seed extraction through fermentation method**

Experimental plots were irrigated as and when required, also, plant protection practices were taken up for the control of insect pest and diseases during trial period.

### 2.3 Observation Recorded

For seed quality analysis, fruits were harvested when they turned red-ripe, and seeds were extracted using natural fermentation methods (Pozhilarasi et al., 2022) and is illustrated Fig.2.

Observations for seed quality parameters were recorded in the laboratory with 4 replications.

Germination test was conducted by roll towel method with 100 seeds each under controlled condition of  $25\pm 2^\circ\text{C}$  and  $95\pm 2\%$  of temperature and RH respectively (ISTA, 2020).

$$\text{Germination \%} = \frac{\text{Number of seeds germinated}}{\text{Total number of seeds sown}} \times 100$$

From the germination test, ten normal seedlings were selected randomly from each treatment on the day of the final count (14<sup>th</sup> day) and length was measured from shoot tip to root tip. The same 10 seedlings were dried for 24 hours in a hot-air oven to measure seedling dry weight. Seedling vigour index-length (SVI-I) and

Seedling vigour index-mass (SVI-II) was calculated as per the formula given by Abdul-Baki and Anderson (1973):

$$SVI - I = \text{Germination}(\%) \times \text{Seedling length (cm)}$$

$$SVI - II = \text{Germination}(\%) \times \text{Seedling dry weight (mg)}$$

The Electrical conductivity (EC) of seed leachates was determined using digital EC meter and expressed in micro-Siemens per centimetre ( $\mu\text{S}/\text{cm}$ ).

Speed of germination was calculated by the following formula given by Czabator (1962).

$$\text{Speed of germination} = \frac{n_1}{d_1} + \frac{n_2}{d_2} + \frac{n_3}{d_3} + \dots$$

where, n = number of germinated seeds on d<sup>th</sup> day, and d= number of days (up to 14 days).

The seeds were artificially aged as suggested by Delouche and Baskin (1973) by placing seeds inside the dessicator filled with 100 ml of KOH solution and transferred to accelerated ageing chamber ( $40 \pm 1$  °C, >95% relative humidity). After the ageing period (8 days), samples were taken out from the chamber and the seeds of each treatment were tested for germination.

Statistical analysis was carried out using KAU-GRAPES version 1.10. Data were subjected to analysis of variance and means were compared. Conclusions were drawn only on significant differences between the treatment mean at 0.05 level of probability. The least significant difference test was used to decipher the effect of treatments at 5% level of significance (P=0.05).

### 3. RESULTS AND DISCUSSIONS

After the harvest of crop, the extracted seeds were analysed for various seed quality parameters. The results regarding the combined effect of foliar spray of NAA and training systems on the seed quality of tomato cv. *Solan Lalima* are presented in Table 2 and discussed below for each recorded observation:

**1000-seed weight (g):** The 1000-seed weight showed no significant differences among treatment T7 (NAA-75ppm with two-stem training), with a numerically higher value of 3.62 g and is comparable with T4 (50ppm NAA+two-stem training) with a value of 3.52g. The lowest value (2.75g) was found in T12 (No spray+No training) and is statistically at par (2.80 g) with

T11 (No spray+four-stem training). According to Afshari et al. (2011), test weight is reliant upon the reserve food materials present in the endosperm. The interaction between optimum dose of NAA and two-stem training might have enhanced the efficiency of assimilate transport and its accumulation in seed, resulting in greater test weight.

**Germination percent:** Germination percentage (Fig.3) depicted significant differences among treatment. Seeds harvested from plants treated with 50 ppm & 75 ppm NAA, and those trained to two stems (T4 and T7), exhibited the highest germination percentage at 88.50%, which was closely followed by T1@ 25 ppm+ two-stem training (86.75%) and T8 @ 75 ppm NAA+four-stem training (86.25%), whereas, lowest germination (72.50%) was observed in T12 (No spray+No training). Previous studies have shown that spraying with NAA promotes the synthesis of sucrose, enhances the proper transport and partitioning of sugars from the source to the sink (Chen et al., 2022). In addition, NAA facilitates the synthesis of hydrolytic enzymes to degrade starchy endosperm, resulting in enhanced germination. Higher germination percentages were observed in chilli seeds when plants were sprayed with 10 ppm NAA (Sultana et al., 2006). Lal et al. (2016) observed that bell pepper plants retained with two-stems resulted in production of seeds with enhanced stored reserves, leading to improved seed germination.

**Seedling length:** Longer seedlings (18.70cm) were recorded in T4 (NAA@50ppm+two-stem training) and was found statistically at par with T7@75ppm+two-stem training (18.26cm). In contrast, shorter seedlings were found in T11@no spray+four-stem training(15.41cm) and T12@no spray+no training (14.49cm).

**Seedling dry weight (mg):** Different treatments exerted significant effect on seedling dry weight. The application of NAA@ 50 ppm with two-stems (T4) recorded significantly the highest seedling dry weight (21.20mg). However, minimum values for this trait were recorded in treatment T11(15.20mg) and T12 (14.93mg).

**Seed vigour indices:** Maximum seed vigour index-I (1655.60) was observed in case of treatment T4(NAA @50ppm along with two-stem training), which was closely followed by T7@NAA-75ppm and trained to two-stems (1616.53) and the least (1050.08) in T12 (No spray+no training). Similarly, SVI-II followed same trend followed as of SVI-I with T4

(1867.50) having the highest value and least (1082.25) in T12.

The application of NAA enhanced seedling vigour, as evidenced by increased germination, seedling length, and dry matter production. This improvement may be attributed to auxin's role in enhancing cell wall plasticity and facilitating the deposition of additional cellulose molecules within the cell wall. This aligns with the findings of Geetharani et al. (2008) in onion. Arvindkumar et al. (2012) found that spraying bitter melon plants with NAA at 50 ppm resulted in seeds with enhanced physiological qualities. In ridge gourd, Lambat et al. (2015) reported better seed quality when crop was sprayed with NAA @50 ppm. According to Ullah et al. (2021), NAA application elevates endogenous IAA levels, which, in turn, results in increases in superoxide dismutase (SOD), catalase (CAT) and ascorbate peroxidase (APX) activities that decrease in oxidative damage and improve vigour. In case of training systems, Pathirana et al. (2015) showed that pruning tomato plants can improve the vigour indices of the harvested seeds. Hence, it can be inferred that the interaction between NAA spray and training methods might have enhanced translocation and assimilation of photosynthates from the source to the sink (seeds), resulting in higher percentage of bolder seeds with increased test weight.

**Speed of germination:** Faster germination determines the better success of seedling establishment under field condition. The values for speed of germination ranged from 14.01 (T12@ no spray with no training) to 23.31(T4@50ppm NAA+two-stem training) in different treatments (Fig. 4). It can be inferred that combination of optimal training system, along with the appropriate dosage of NAA might have resulted in the development of heavy seeds with sufficient storage reserves and endogenous hormonal balance, thus accelerating the germination process.

**Electrical conductivity ( $\mu\text{Scm}^{-1}$ ):** The electrical conductivity (EC) of a seed implies the integrity of the cell membrane of its coat. A higher EC value of the seed leachate indicates chance of cell membrane damage (Thakur et al., 2022). There was significant variation in the values of electrical conductivity in given treatments. The lowest EC value of  $4.36 \mu\text{Scm}^{-1}$  was observed in treatment T4 (50 ppm NAA +Two-stem training system) and was found statistically at par with T7 ( $4.56 \mu\text{Scm}^{-1}$ ). In contrast, treatment T12 (No spray+No training) and T3 (NAA-25 ppm+no training) were having the higher values,  $7.00 \mu\text{Scm}^{-1}$  and  $6.99 \mu\text{Scm}^{-1}$ , respectively. With treatment T4, sound seeds with better membrane permeability might have developed.

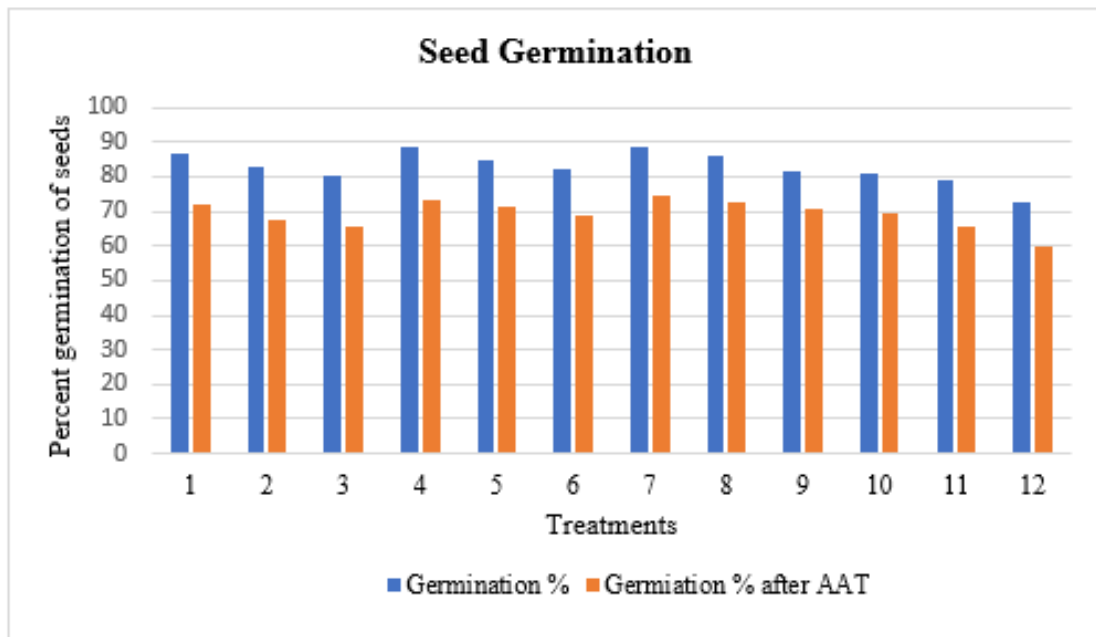
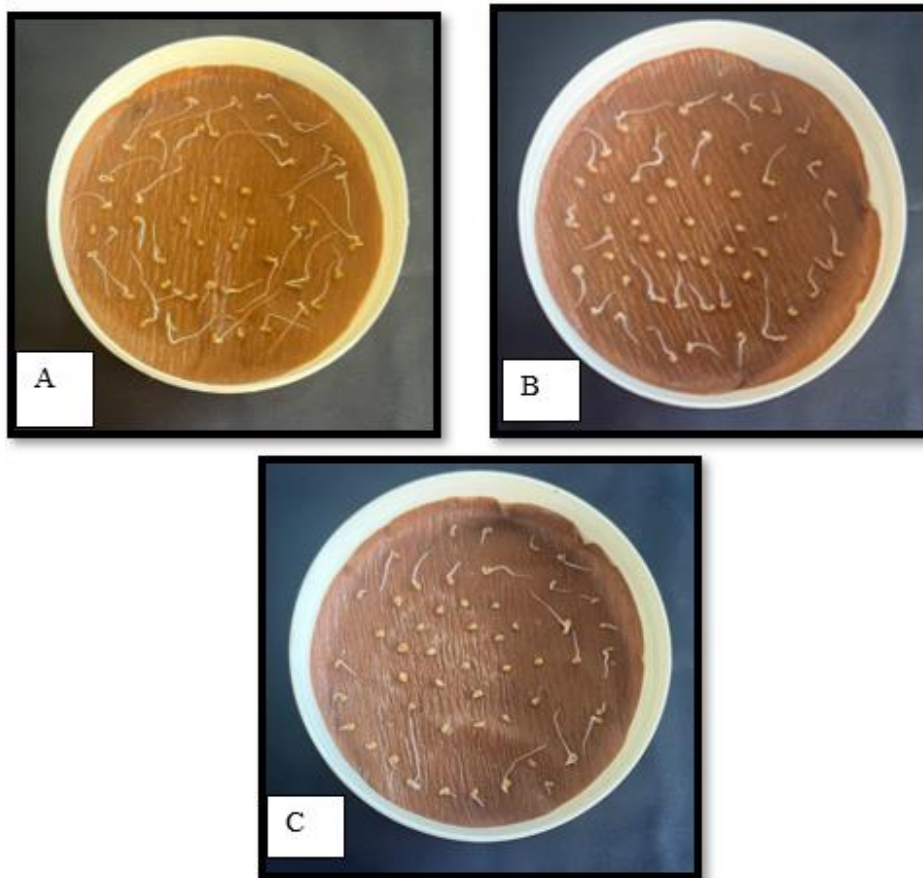


Fig. 3. Germination percent before and after accelerated ageing test

**Table 2. Effect of NAA foliar spray and training system on seed quality parameters in tomato cv. Solan Lalima**

Treatment	1000-seed weight (g)	Germination (%)	Seedling length (cm)	Seedling dry weight (mg)	SVI-Length (SVI-I)	SVI-Mass (SVI-II)	Speed of germination	Electrical conductivity ( $\mu\text{Scm}^{-1}$ )	Germination % after AAT
T1	3.28 <sup>BC</sup>	86.75 <sup>AB</sup> (9.37)	16.61 <sup>D</sup>	17.50 <sup>E</sup>	1441.01 <sup>BC</sup>	1518.00 <sup>C</sup>	21.26 <sup>C</sup>	4.93 <sup>E</sup>	71.75 <sup>ABC</sup> [57.88]
T2	3.15 <sup>D</sup>	82.50 <sup>CD</sup> (9.14)	15.54 <sup>E</sup>	16.28 <sup>F</sup>	1282.22 <sup>D</sup>	1342.98 <sup>DE</sup>	19.47 <sup>F</sup>	5.97 <sup>C</sup>	67.75 <sup>DE</sup> [55.38]
T3	3.11 <sup>D</sup>	80.50 <sup>DE</sup> (9.03)	15.04 <sup>F</sup>	15.28 <sup>G</sup>	1210.84 <sup>D</sup>	1229.75 <sup>F</sup>	17.55 <sup>HI</sup>	6.99 <sup>A</sup>	65.25 <sup>E</sup> [53.86]
T4	3.52 <sup>A</sup>	88.50 <sup>A</sup> (9.46)	18.70 <sup>A</sup>	21.10 <sup>A</sup>	1655.60 <sup>A</sup>	1867.50 <sup>A</sup>	23.31 <sup>A</sup>	4.36 <sup>F</sup>	73.50 <sup>AB</sup> [59.01]
T5	3.33 <sup>B</sup>	84.75 <sup>BC</sup> (9.26)	17.75 <sup>B</sup>	18.38 <sup>C</sup>	1505.21 <sup>B</sup>	1556.38 <sup>C</sup>	20.46 <sup>E</sup>	5.43 <sup>D</sup>	71.25 <sup>ABC</sup> [57.56]
T6	3.13 <sup>D</sup>	82.00 <sup>CDE</sup> (9.11)	17.03 <sup>CD</sup>	17.20 <sup>E</sup>	1396.73 <sup>C</sup>	1410.13 <sup>D</sup>	17.70 <sup>GH</sup>	6.21 <sup>BC</sup>	69.00 <sup>CD</sup> [56.16]
T7	3.62 <sup>A</sup>	88.50 <sup>A</sup> (9.46)	18.26 <sup>A</sup>	19.55 <sup>B</sup>	1616.53 <sup>A</sup>	1730.38 <sup>B</sup>	22.93 <sup>B</sup>	4.56 <sup>F</sup>	74.25 <sup>A</sup> [59.50]
T8	3.31 <sup>B</sup>	86.25 <sup>AB</sup> (9.34)	17.35 <sup>BC</sup>	17.93 <sup>D</sup>	1496.17 <sup>B</sup>	1546.25 <sup>C</sup>	20.82 <sup>D</sup>	5.49 <sup>D</sup>	72.50 <sup>AB</sup> [58.36]
T9	3.19 <sup>CD</sup>	81.75 <sup>CDE</sup> (9.09)	16.85 <sup>D</sup>	16.50 <sup>F</sup>	1377.42 <sup>C</sup>	1348.85 <sup>DE</sup>	18.01 <sup>G</sup>	6.38 <sup>B</sup>	70.75 <sup>BCD</sup> [57.24]
T10	3.00 <sup>E</sup>	80.75 <sup>DE</sup> (9.04)	15.56 <sup>E</sup>	16.23 <sup>F</sup>	1256.18 <sup>D</sup>	1310.20 <sup>E</sup>	17.34 <sup>I</sup>	5.39 <sup>D</sup>	69.25 <sup>CD</sup> [56.31]
T11	2.80 <sup>F</sup>	79.25 <sup>E</sup> (8.96)	15.41 <sup>EF</sup>	15.20 <sup>G</sup>	1220.44 <sup>D</sup>	1204.70 <sup>F</sup>	16.19 <sup>J</sup>	6.07 <sup>BC</sup>	65.50 <sup>E</sup> [54.03]
T12	2.75 <sup>F</sup>	72.50 <sup>F</sup> (8.57)	14.49 <sup>F</sup>	14.93 <sup>G</sup>	1050.08 <sup>E</sup>	1082.25 <sup>G</sup>	14.01 <sup>K</sup>	7.00 <sup>A</sup>	59.50 <sup>F</sup> [50.46]
CD <sub>(0.05)</sub>	0.11	3.20	0.47	0.40	75.72	69.09	0.34	0.36	3.19

Figures in the parenthesis ( ) are square root transformed values [ ] are arc sine transformed values.



**Fig. 4. Speed of germination on 3<sup>rd</sup> day (A): T4 (NAA@50ppm with two-stem training and (B): T7 (Foliar spray of NAA-75 ppm with Two-stem training system and (C): T12 (No spray with no training)**

**Germination percent after accelerated ageing test (AAT):** Accelerated ageing, also known as controlled deterioration treatment, has been employed to evaluate the vigour and longevity of seed cultivars under conditions of high temperature and high relative humidity (Samarah, 2006; Pournik et al., 2019). Seeds harvested from tomato cv. *Solan Lalima* exhibited a significant variation in germination after forced ageing (Fig.3). Treatment T7 (NAA@ 50 ppm+ Two-stem training) was superior (74.25%) compared to the other treatments, while the lowest germination percent (59.50%) following accelerated ageing was recorded in T12 (No spray+ no training). Righetti et al. (2015) proposed a potential connection between the regulation of seed longevity and increased auxin levels during seed maturation, possibly through interactions with HSF A9 (heat shock factor A9) and ABI3 (abscisic acid insensitive3)-regulated genes. Also, seeds harvested from double-stemmed tomato plants may tolerate accelerated ageing more effectively due to the production of

healthy, well-filled, vigorous seeds (Santhosh, 2020).

#### 4. CONCLUSION

Quality seed is a vital input in crop production as it is the cheapest input that affect crop performance as well as agricultural progress. A critical analysis of the results reveals that in tomato cv. *Solan Lalima*, application of NAA@50 ppm along with training to two-stems was found to enhance all the seed quality attributes studied. The treatments with NAA coupled with optimised training methods during tomato seed production can be considered as a suitable technique to achieve better quality seed for farmers following suitable regional validation.

#### DISCLAIMER (ARTIFICIAL INTELLIGENCE)

Author(s) hereby declare that NO generative AI technologies such as Large Language Models (ChatGPT, COPILOT, etc.) and text-to-image

generators have been used during the writing or editing of this manuscript.

## COMPETING INTERESTS

Authors have declared that they have no known competing financial interests or non-financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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