



Interactive Effects of Calcium Chloride and Borax Foliar Sprays on the Biochemical Quality of Guava (*Psidium guajava* L.)

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Authors' contributions

This work was carried out in collaboration among all authors. All authors read and approved the final manuscript.

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ABSTRACT

This study evaluated the impact of pre-harvest foliar applications of calcium chloride and borax alone and in combinations on critical biochemical parameters of guava (*Psidium guajava* L.) cv. L-49. Nine treatment groups included various concentrations of calcium chloride and borax, both individually and in combination, with untreated controls for comparison. Analysis focused on total soluble solids (TSS), titratable acidity, ascorbic acid content, reducing sugar, non-reducing sugar, and total sugar contents. Results demonstrated significant improvements in fruit biochemical quality with combined applications, particularly at higher concentrations. The combination of calcium chloride 0.2% with borax 0.1% significantly improved TSS, ascorbic acid, reducing, non-reducing, and total sugar contents, while also minimizing acidity. These improvements in fruit quality result from better nutrient uptake, stronger cell walls, and positive metabolic changes. These findings support the synergistic role of calcium and boron in improving not only yield but also the nutritional and organoleptic value of guava.

Keywords: Ascorbic acid; borax; calcium chloride; Guava cv. L-49; micronutrient interaction.

1. INTRODUCTION

Guava (*Psidium guajava* L.) is one of the most economically important subtropical fruit crops cultivated in India and worldwide. Renowned for its rich ascorbic acid content, pleasant aroma, and unique taste, guava commands significant demand both for fresh consumption and for processing. Despite its adaptability and high productivity, the fruit is prone to rapid postharvest deterioration, which limits its marketability and export potential. Biochemical attributes such as total soluble solids (TSS), acidity, ascorbic acid, and sugar content are vital determinants of fruit quality and consumer acceptance (Deepthi et al., 2016).

Pre and post-harvest nutritional strategies, especially involving micronutrients like calcium and boron, have shown promise for enhancing fruit quality, storability, and market value. Calcium, usually supplied as calcium chloride, is pivotal in reinforcing cell wall structure through the cross-linking of pectic substances, stabilizing membrane integrity, and delaying senescence. These cellular effects translate into improved texture, reduced postharvest losses, and longer shelf life. On the other hand, boron commonly applied as boric acid or borax functions in cell wall biosynthesis, sugar translocation, enzyme activation, and is often linked with improved fruit set, size, and quality traits (Sonkar et al., 2024). Studies have documented that foliar sprays of these nutrients enhanced guava fruit yield, shelf life, and biochemical constituents. For instance,

combined applications were found superior in augmenting TSS, sugars, and ascorbic acid while minimizing undesirable acidity. These effects are likely a result of synergistic metabolic enhancements driven by improved nutrient allocation and the maintenance of cellular homeostasis (Poojan et al., 2020). India, particularly the Gangetic plains and regions such as Uttar Pradesh, is among the key producers of guava. Nevertheless, productivity is often constrained by suboptimal management of fruit quality parameters. Targeted foliar treatments with calcium and boron can offer growers practical solutions for maintaining fruit firmness and biochemical quality, thus enhancing consumer appeal and market returns (Shukla et al., 2024). Foliar sprays of calcium and boron in combination not only elevate critical quality traits like TSS and vitamin C but also reduce titratable acidity, generically leading to an improved TSS-acid ratio and organoleptic score. Enhanced sugar accumulation is attributed to calcium's role in carbohydrate metabolism and hydrolytic activity on fruit cell wall polysaccharides. Similarly, boron's involvement in ascorbic acid biosynthesis and sugar partitioning further accentuates the quality and nutritive composition of guava (Vani et al., 2020).

Thus, optimizing dose and method of application for these micronutrients is crucial for maximizing the quality and storability of guava. "Hence, the present investigation aimed to evaluate the synergistic effects of foliar-applied calcium chloride and borax on key biochemical quality

parameters of guava cv. L-49 under subtropical conditions.”

2. MATERIALS AND METHODS

2.1 Experimental Site

The experiment was conducted during 2019-20 at the Horticultural Research Farm, Department of Horticulture, Babasaheb Bhimrao Ambedkar University, Lucknow, on twenty-one-year-old guava trees (cv. L-49). The experiment consisted of nine treatments and was laid out in a Randomized Block Design (RBD) with three replications. The crop received its first foliar application of micronutrients and plant growth regulators in the first week of August, coinciding with the fruit set stage. A second application was carried out in the second week of September during the fruit development stage. Throughout the experimental period, the crop was supplied with the recommended dose of fertilizers, comprising 600 g N, 300 g P₂O₅, and 300 g K₂O.

2.2 Observation Recorded

2.2.1 Total soluble solids

Total Soluble Solids (TSS) were measured using a hand refractometer. A few drops of extracted fruit juice were placed on the prism, and readings were taken through the eyepiece under proper light. TSS values, expressed in °Brix, indicate the percentage of soluble sugars and dissolved solids, reflecting fruit sweetness (Islam et al., 2013).

2.2.2 Acidity

Acidity was determined by titrating a known volume of fruit juice with standardized NaOH using phenolphthalein as an indicator, following Ranganna (1986). The endpoint was a persistent light pink color, and titratable acidity was

calculated and expressed as a percentage of citric acid.

Acidity (%)

$$\frac{\text{Titre value} \times \text{Normality of NaOH} \times \text{Equivalent weight of acid} \times 100}{\text{Volume of sample taken (mL)} \times 100}$$

2.2.3 Ascorbic acid

Ascorbic acid content was determined by the 2, 6-dichlorophenol indophenol (DCPIP) titration method (Gill et al., 2018). A known quantity of fruit pulp was homogenized with 3% metaphosphoric acid, filtered, and titrated with standardized DCPIP solution until a light pink color persisted for 15 seconds. The results were expressed as mg ascorbic acid per 100 g pulp.

2.2.4 Reducing, non-reducing and total sugars

Sugar analysis, including the estimation of reducing sugar, non-reducing sugar, and total sugar content, was carried out using standard chemical procedures outlined by Ranganna (1986).

For reducing sugar, the Lane and Eynon method was employed, which is based on the titration of the sugar solution against Fehling's solution using methylene blue as an internal indicator. The reducing sugars present in the sample reduce the cupric ions in Fehling's solution to cuprous oxide under hot alkaline conditions, and the endpoint is indicated by the decolorization of methylene blue.

To determine total sugar, the sample was first subjected to acid hydrolysis using dilute hydrochloric acid to convert non-reducing sugars (mainly sucrose) into reducing sugars. The hydrolyzed solution was then neutralized and titrated against Fehling's solution following the same procedure as for reducing sugars.

Table 1. Experimental details

S.No.	Treatment	Doses
T ₀	Control (Water spray)	-
T ₁	Calcium chloride	0.1%
T ₂	Calcium chloride	0.2%
T ₃	Borax	0.1%
T ₄	Borax	0.2%
T ₅	Calcium chloride + Borax	0.1% + 0.1%
T ₆	Calcium chloride + Borax	0.1% + 0.2%
T ₇	Calcium chloride + Borax	0.2% + 0.1%
T ₈	Calcium chloride + Borax	0.2% + 0.2 %

The non-reducing sugar content was calculated by subtracting the percentage of reducing sugar from the percentage of total sugar. The results were expressed as a percentage of total sugars present in the fruit pulp on a fresh weight basis.

2.3 Statistical Analysis

The data were statistically analyzed using OPSTAT software, and the significance of treatment effects was determined using the Critical Difference (CD) at the 5% level. The Standard Error of the Mean (SEm) was also calculated to assess variation among replicates.

3. RESULTS AND DISCUSSION

3.1 Total Soluble Solids (TSS)

The results indicate that TSS levels in guava fruits increased progressively with the combined application of calcium chloride and borax, reaching a maximum of (12.67 °Brix) 0.2% CaCl_2 + 0.1% borax, compared to (7.61 °Brix) in control fruits (Fig. 1A). The increase in TSS from these treatments is attributed to enhanced sugar

accumulation and enzymatic activity that promotes carbohydrate conversion during ripening. Calcium and boron are known to aid sugar synthesis and transport within plant tissues, thereby boosting TSS content (Pandey et al., 2015). Similar results were reported in guava cv. L-49 by Hada et al., (2018), where calcium and boron sprays significantly improved sugar metabolism and fruit sweetness.

3.2 Titratable Acidity (%)

Acidity content decreased with the application of calcium chloride and borax, with the lowest (0.46%) noted under 0.2% CaCl_2 + 0.1% borax treatment compared to 0.76% in control (Fig. 1B). The reduction in acidity is likely due to the rapid conversion of organic acids to sugars during fruit ripening, a process enhanced by calcium's role in cell wall stabilization and boron's involvement in glycolytic enzyme activation (Romero-Aranda et al., 1998; Poojan et al., 2020). A similar trend was observed by Awasthi, (2009), where the combined foliar application of calcium and boron substantially lowered acid content in guava fruits.

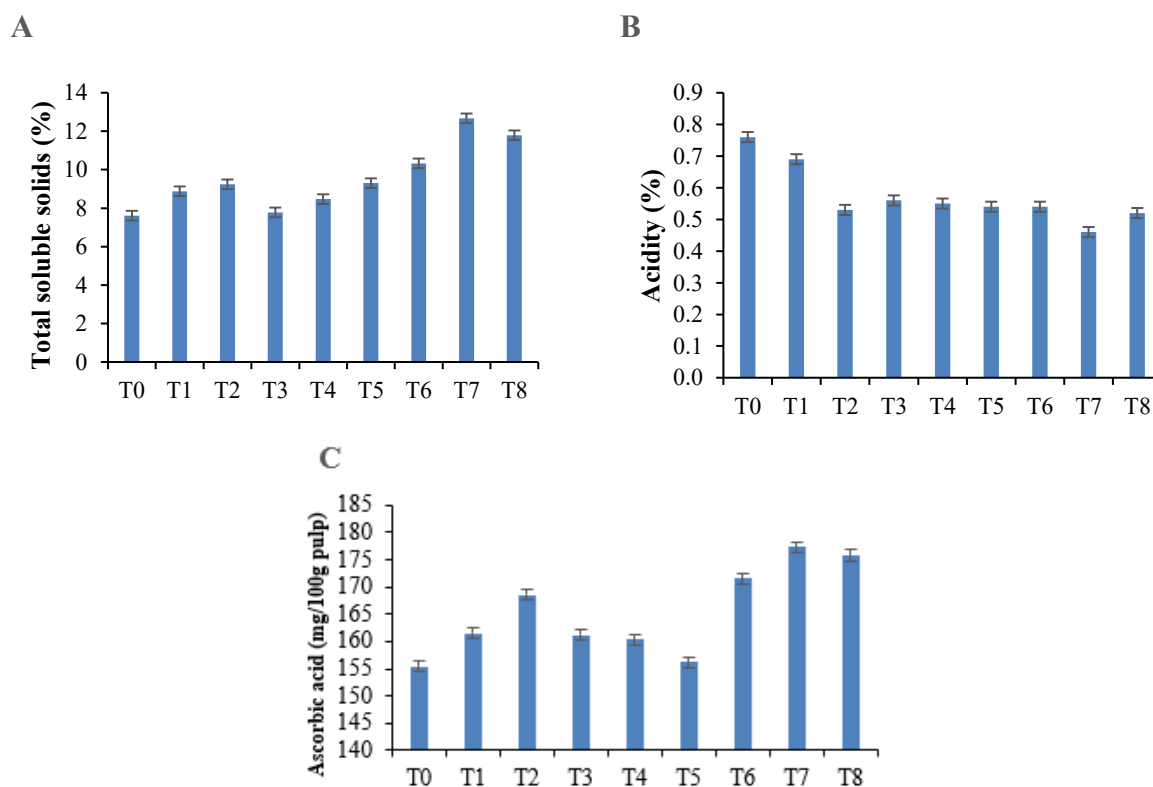
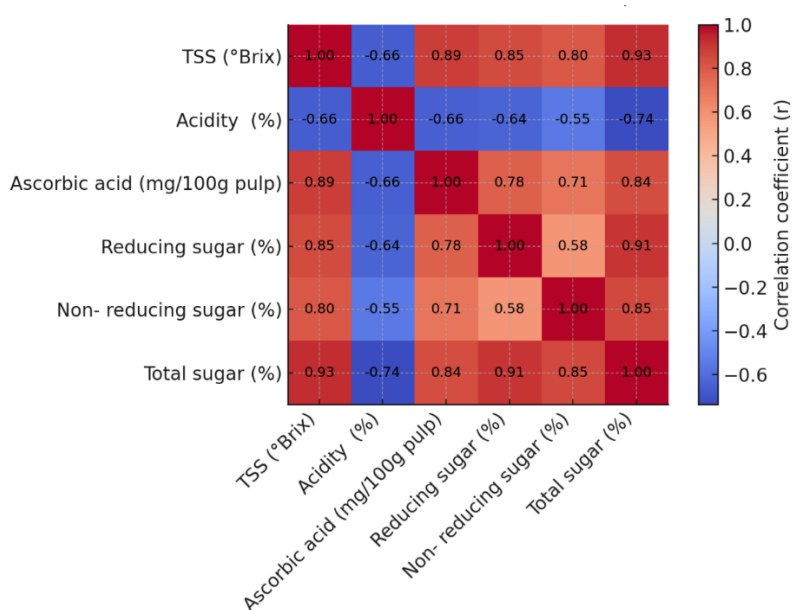


Fig. 1. Interactive Effects of Calcium Chloride and Borax on Biochemical quality on the (A) TSS; (B) acidity; (C) and ascorbic acid content of guava cv. L-49

Table 2. Interactive Effects of Calcium Chloride and Borax on reducing, non-reducing and total sugars of guava cv. L-49

Treatments	Reducing sugar (%)	Non- reducing sugar (%)	Total sugar (%)
Control	2.50	2.88	5.38
Calcium chloride 0.1%	3.55	2.68	6.23
Calcium chloride 0.2%	3.66	2.58	6.24
Borax 0.1%	3.60	2.78	6.38
Borax 0.2%	2.62	3.62	6.22
Calcium chloride 0.1% + Borax 0.1%	3.62	2.76	6.39
Calcium chloride 0.1% + Borax 0.2%	3.28	3.26	6.54
Calcium chloride 0.2% + Borax 0.1%	4.87	4.68	8.55
Calcium chloride 0.2% + Borax 0.2%	4.73	3.99	7.72
SEm ±	0.12	0.12	0.17
CD 0.05	0.36	0.36	0.50

**Fig. 2. Pearson correlation heat map for various biochemical parameters of guava cv. L-49**

3.3 Ascorbic Acid (mg/100g pulp)

Ascorbic acid content increased significantly with the interaction of calcium and boron treatments, reaching 177.34 mg/100g under 0.2% CaCl_2 + 0.1% borax compared to 155.46 mg/100g in control (Fig. 1C). Boron stimulates the enzymatic synthesis of ascorbic acid, while calcium preserves cell integrity and reduces oxidative degradation during ripening (Bhardwaj et al., 2019; Hada et al., 2018). Similar findings were reported by Sharma et al. (2023a), who noted that preharvest application of calcium chloride combined with boron enhanced vitamin C concentration by reducing oxidative stress and improving cell wall resilience (Sharma et al., 2023b).

3.4 Reducing Sugars (%)

The percentage of reducing sugars in guava fruit pulp showed a significant increase with the application of calcium chloride and borax treatments (Table 2). The highest reducing sugar content of 4.87% was observed under combined treatment of 0.2% calcium chloride + 0.1% borax, which was considerably higher than the 2.50% in control fruits. This increase can be attributed to the role of calcium in activating hydrolytic enzymes that catalyze the breakdown of starch into simpler sugars such as glucose and fructose, which are reducing sugars (Vani et al., 2020). Calcium aids carbohydrate-metabolizing enzymes and

maintains cell wall integrity, supporting sugar accumulation by preventing premature fruit spoilage. Boron enhances sugar accumulation by promoting transmembrane transport via sugar–borate complexes, improving sugar mobility within fruit tissues (Awasthi, 2009). These complexes enhance phloem loading and unloading, making sugars more available for metabolic processes and storage, contributing to increased reducing sugar content (Bhardwaj et al., 2019).

3.5 Non-Reducing Sugars (%)

Non-reducing sugar content also improved significantly under calcium and boron treatments, reaching a maximum of 4.68% at 0.2% calcium chloride + 0.1% borax treatment compared to 2.88% in control (Table 2). Non-reducing sugars such as sucrose are vital for fruit sweetness and overall flavor quality, and their increase suggests enhanced sucrose synthesis and accumulation. Boron's function in sugar metabolism includes strengthening cellular membranes and participating in carbohydrate metabolism enzymes, thus facilitating sucrose synthesis and stability (Pandey et al., 2015). The synergy between calcium and boron likely results in improved sugar metabolism by stabilizing cell membranes and enhancing enzyme activities responsible for sugar accumulation (Yadav et al., 2018). Boron facilitates sugar transport by forming complexes that protect sucrose from hydrolysis during transport, allowing for higher accumulation of non-reducing sugars in fruit tissues.

3.6 Total Sugars (%)

Total sugar content displayed a marked effect, with maximum accumulation (8.55%) under 0.2% CaCl_2 + 0.1% borax, followed by 7.72% in 0.2% CaCl_2 + 0.2% borax, compared to 5.38% in control (Table 2). Both elements play complementary roles calcium enhances sugar translocation through membrane stabilization, while boron improves sugar metabolism through enzymatic activation (Pandey et al., 2015; Hada et al., 2018). Such positive interactions align with previous reports in guava where combined Ca and B sprays increased total sugars and enhanced fruit sweetness (Vani et al., 2020).

3.7 Correlation among Biochemical Parameters

The Pearson correlation heatmap illustrates the interrelationship among various fruit quality parameters, including total soluble solids (TSS), acidity, ascorbic acid, and different forms of sugars (reducing, non-reducing, and total sugars) (Fig. 2). The results reveal a clear pattern of association consistent with the natural biochemical changes that occur during fruit ripening.

A strong positive correlation was observed among TSS, total sugars, reducing sugars, non-reducing sugars, and ascorbic acid, indicating that as the fruit matures, these components increase simultaneously. This suggests that the accumulation of sugars and the synthesis of ascorbic acid contribute significantly to the enhancement of sweetness and nutritional value of the fruit. Higher TSS values, which represent the soluble sugar content, are therefore associated with improved taste and quality.

Conversely, acidity exhibited a negative correlation with TSS and all sugar components, implying that as the fruit ripens and sugar levels rise, the acidity decreases. This inverse relationship is a common characteristic of ripening fruits, where the conversion of organic acids into sugars leads to a sweeter and less tart flavor profile.

Overall, the correlation analysis highlights that fruit ripening is accompanied by an increase in sugars and vitamin C content and a reduction in acidity, which together contribute to better sensory quality and consumer acceptability. These findings confirm that the measured parameters are closely linked and play a crucial role in determining the overall chemical composition and quality of the fruit.

4. CONCLUSION

The combined foliar application of 0.2% CaCl_2 and 0.1% borax significantly enhanced guava fruit quality attributes by increasing soluble solids, sugars, and vitamin C, while reducing acidity. Such treatments are therefore recommended for improving fruit biochemical composition and market value under subtropical conditions.

DISCLAIMER (ARTIFICIAL INTELLIGENCE)

Author(s) hereby declare that NO generative AI technologies such as Large Language Models (ChatGPT, COPILOT, etc.) and text-to-image generators have been used during the writing or editing of this manuscript.

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COMPETING INTERESTS

Authors have declared that they have no known competing financial interests OR non-financial interests OR personal relationships that could have appeared to influence the work reported in this paper.

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